

# MORNING BOOK GROUP

## ON TYRANNY

TWENTY LESSONS  
FROM THE  
TWENTIETH CENTURY

TIMOTHY SNYDER

### ABOUT THE BOOK

WITH HAUNTING LINKS TO HISTORY, THIS IS A CAUTIONARY TALE OF WHERE TYRANNY SPROUTS, AS WELL AS A HOW-TO ON RESISTANCE AND RESILIENCE. IT'S SHARP, INCISIVE, AND UNFORTUNATELY ALWAYS RELEVANT.

THE FOUNDING FATHERS TRIED TO PROTECT US FROM THE THREAT THEY KNEW, THE TYRANNY THAT OVERCAME ANCIENT DEMOCRACY. TODAY, OUR POLITICAL ORDER FACES NEW THREATS, NOT UNLIKE THE TOTALITARIANISM OF THE TWENTIETH CENTURY. WE ARE NO WISER THAN THE EUROPEANS WHO SAW DEMOCRACY YIELD TO FASCISM, NAZISM, OR COMMUNISM. OUR ONE ADVANTAGE IS THAT WE MIGHT LEARN FROM THEIR EXPERIENCE.

ON TYRANNY IS A CALL TO ARMS AND A GUIDE TO RESISTANCE, WITH INVALUABLE IDEAS FOR HOW WE CAN PRESERVE OUR FREEDOMS IN THE UNCERTAIN YEARS TO COME.

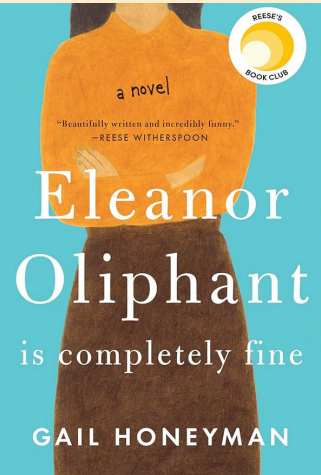
MEETING TIME  
JANUARY 21  
10:00-11:30 AM

MEETINGS IN THE LIBRARY'S MEZZANINE MEETING ROOM

Book Group Facilitator Julia Lanter  
exeterpljal@gmail.com (603) 772-3101



# MORNING BOOK GROUP



## ABOUT THE BOOK

MEET ELEANOR OLIPHANT: SHE STRUGGLES WITH APPROPRIATE SOCIAL SKILLS AND TENDS TO SAY EXACTLY WHAT SHE'S THINKING. NOTHING IS MISSING IN HER CAREFULLY TIMETABLED LIFE OF AVOIDING SOCIAL INTERACTIONS, WHERE WEEKENDS ARE PUNCTUATED BY FROZEN PIZZA, VODKA, AND PHONE CHATS WITH MUMMY.

BUT EVERYTHING CHANGES WHEN ELEANOR MEETS RAYMOND, THE BUMBLING AND DEEPLY UNHYGIENIC IT GUY FROM HER OFFICE. WHEN SHE AND RAYMOND TOGETHER SAVE SAMMY, AN ELDERLY GENTLEMAN WHO HAS FALLEN ON THE SIDEWALK, THE THREE BECOME THE KINDS OF FRIENDS WHO RESCUE ONE ANOTHER FROM THE LIVES OF ISOLATION THEY HAVE EACH BEEN LIVING. AND IT IS RAYMOND'S BIG HEART THAT WILL ULTIMATELY HELP ELEANOR FIND THE WAY TO REPAIR HER OWN PROFOUNDLY DAMAGED ONE.

SOON TO BE A MAJOR MOTION PICTURE PRODUCED BY REESE WITHERSPOON, ELEANOR OLIPHANT IS COMPLETELY FINE IS THE SMART, WARM, AND UPLIFTING STORY OF AN OUT-OF-THE-ORDINARY HEROINE WHOSE DEADPAN WEIRDNESS AND UNCONSCIOUS WIT MAKE FOR AN IRRESISTIBLE JOURNEY AS SHE REALIZES. . . THE ONLY WAY TO SURVIVE IS TO OPEN YOUR HEART.

**MEETING TIME**  
**FEBRUARY 18**  
**10:00-11:30 AM**

**MEETINGS IN THE LIBRARY'S MEZZANINE MEETING ROOM**



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## ABOUT THE BOOK

JEAN MCCONVILLE'S ABDUCTION WAS ONE OF THE MOST NOTORIOUS EPISODES OF THE VICIOUS CONFLICT KNOWN AS THE TROUBLES. EVERYONE IN THE NEIGHBORHOOD KNEW THE I.R.A. WAS RESPONSIBLE. BUT IN A CLIMATE OF FEAR AND PARANOIA, NO ONE WOULD SPEAK OF IT. IN 2003, FIVE YEARS AFTER AN ACCORD BROUGHT AN UNEASY PEACE TO NORTHERN IRELAND, A SET OF HUMAN BONES WAS DISCOVERED ON A BEACH. MCCONVILLE'S CHILDREN KNEW IT WAS THEIR MOTHER WHEN THEY WERE TOLD A BLUE SAFETY PIN WAS ATTACHED TO THE DRESS--WITH SO MANY KIDS, SHE HAD ALWAYS KEPT IT HANDY FOR DIAPERS OR RIPPED CLOTHES.

PATRICK RADDEN KEEFE'S MESMERIZING BOOK ON THE BITTER CONFLICT IN NORTHERN IRELAND AND ITS AFTERMATH USES THE MCCONVILLE CASE AS A STARTING POINT FOR THE TALE OF A SOCIETY WRACKED BY A VIOLENT GUERRILLA WAR, A WAR WHOSE CONSEQUENCES HAVE NEVER BEEN RECKONED WITH. THE BRUTAL VIOLENCE SEARED NOT ONLY PEOPLE LIKE THE MCCONVILLE CHILDREN, BUT ALSO I.R.A. MEMBERS EMBITTERED BY A PEACE THAT FELL FAR SHORT OF THE GOAL OF A UNITED IRELAND, AND LEFT THEM WONDERING WHETHER THE KILLINGS THEY COMMITTED WERE NOT JUSTIFIED ACTS OF WAR, BUT SIMPLE MURDERS.

FROM RADICAL AND IMPETUOUS I.R.A. TERRORISTS SUCH AS DOLOURS PRICE, WHO, WHEN SHE WAS BARELY OUT OF HER TEENS, WAS ALREADY PLANTING BOMBS IN LONDON AND TARGETING INFORMERS FOR EXECUTION, TO THE FEROCIOUS I.R.A. MASTERMIND KNOWN AS THE DARK, TO THE SPY GAMES AND DIRTY SCHEMES OF THE BRITISH ARMY, TO GERRY ADAMS, WHO NEGOTIATED THE PEACE BUT BETRAYED HIS HARDCORE COMRADES BY DENYING HIS I.R.A. PAST-- SAY NOTHING CONJURES A WORLD OF PASSION, BETRAYAL, VENGEANCE, AND ANGUISH.



## SAY NOTHING

A TRUE STORY OF MURDER AND  
MEMORY IN NORTHERN IRELAND

PATRICK RADDEN KEEFE

NEW YORK TIMES BESTSELLER

## MEETING TIME

# MARCH 18

# 10:00-11:30 AM

MEETINGS IN THE LIBRARY'S MEZZANINE MEETING ROOM

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# MORNING BOOK GROUP

*NEW YORK TIMES BESTSELLING AUTHOR OF THE AUTHENTICITY PROJECT*

A NOVEL **HOW  
TO AGE  
DIS-  
GRACE-  
FULLY**



**CLARE POOLEY** 

**MEETING TIME**  
**APRIL 15**  
**10:00-11:30 AM**

**MEETINGS IN THE LIBRARY'S MEZZANINE MEETING ROOM**

## ABOUT THE BOOK

WHEN LYDIA TAKES A JOB RUNNING THE SENIOR CITIZENS' SOCIAL CLUB THREE AFTERNOONS A WEEK, SHE ASSUMES SHE'LL BE SPENDING HER TIME DRINKING TEA AND PLAYING GENTLE GAMES OF CARDS.

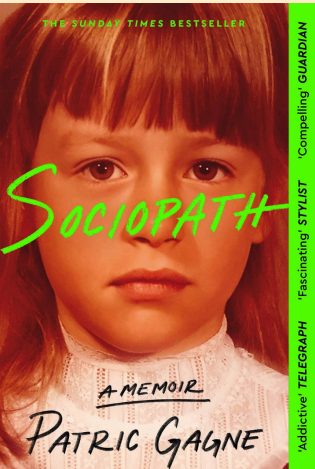
THE MEMBERS OF THE SOCIAL CLUB, HOWEVER, ARE NOT AT ALL WHAT LYDIA WAS EXPECTING. FROM ART, A FAILED ACTOR TURNED KLEPTOMANIAC TO DAPHNE, WHO HAS BEEN HIDING FROM HER DARK PAST FOR DECADES TO RUBY, A BANKSY-STYLE KNITTER WHO GETS REVENGE IN YARN, THESE SENIORS LOOK DECEPTIVELY BENIGN—BUT WHEN AGE MAKES YOU INVISIBLE, SECRETS ARE SO MUCH EASIER TO HIDE.

WHEN THE CITY COUNCIL THREATENS TO SELL THE DOOMED COMMUNITY CENTER BUILDING, THE MEMBERS OF THE SOCIAL CLUB JOIN FORCES WITH THEIR TINY FRIENDS IN THE DAYCARE NEXT DOOR—AS WELL AS THE TEENAGED FATHER OF ONE OF THE TODDLERS AND A GERIATRIC DOG—TO SAVE THE BUILDING. TOGETHER, THIS GROUP'S UNORTHODOX METHODS MAY ACTUALLY WORK, AS LONG AS THE POLICE DON'T CATCH UP WITH THEM FIRST.

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# MORNING BOOK GROUP



## ABOUT THE BOOK

PATRIC GAGNE REALIZED SHE MADE OTHERS UNCOMFORTABLE BEFORE SHE STARTED KINDERGARTEN. SOMETHING ABOUT HER CAUSED PEOPLE TO REACT IN A WAY SHE DIDN'T UNDERSTAND. SHE SUSPECTED IT WAS BECAUSE SHE DIDN'T FEEL THINGS THE WAY OTHER KIDS DID. EMOTIONS LIKE FEAR, GUILT, AND EMPATHY ELUDED HER. FOR THE MOST PART, SHE FELT NOTHING. AND SHE DIDN'T LIKE THE WAY THAT "NOTHING" FELT.

SHE DID HER BEST TO PRETEND SHE WAS LIKE EVERYONE ELSE, BUT THE CONSTANT PRESSURE TO CONFORM TO A SOCIETY SHE KNEW REJECTED ANYONE LIKE HER WAS UNBEARABLE. SO PATRIC STOLE. SHE LIED. SHE WAS OCCASIONALLY VIOLENT. SHE BECAME AN EXPERT LOCK-PICKER AND HOME-INVADER. ALL WITH THE GOAL OF REPLACING THE NOTHINGNESS WITH...SOMETHING.

IN COLLEGE, PATRIC FINALLY CONFIRMED WHAT SHE'D LONG SUSPECTED. SHE WAS A SOCIOPATH. BUT EVEN THOUGH IT WAS THE VERY FIRST PERSONALITY DISORDER IDENTIFIED—WELL OVER 200 YEARS AGO—SOCIOPATHY HAD BEEN NEGLECTED BY MENTAL HEALTH PROFESSIONALS FOR DECADES. SHE WAS TOLD THERE WAS NO TREATMENT, NO HOPE FOR A NORMAL LIFE. SHE FOUND HERSELF HAUNTED BY SOCIOPATHS IN POP CULTURE, MADMEN AND EVIL VILLAINS WHO ARE CONSIDERED MONSTERS. HER FUTURE LOOKED GRIM.

BUT WHEN PATRIC RECONNECTS WITH AN OLD FLAME, SHE GETS A GLIMPSE OF A FUTURE BEYOND HER DIAGNOSIS. IF SHE'S CAPABLE OF LOVE, IT MUST MEAN THAT SHE ISN'T A MONSTER. WITH THE HELP OF HER SWEETHEART (AND SOME CURIOUS CHARACTERS SHE MEETS ALONG THE WAY) SHE EMBARKS ON A MISSION TO PROVE THAT THE MILLIONS OF AMERICANS WHO SHARE HER DIAGNOSIS AREN'T ALL MONSTERS EITHER.

THIS IS THE INSPIRING STORY OF HER JOURNEY TO CHANGE HER FATE AND HOW SHE MANAGED TO BUILD A LIFE FULL OF LOVE AND HOPE.

## MEETING TIME

# MAY 20

# 10:00-11:30 AM

MEETINGS IN THE LIBRARY'S MEZZANINE MEETING ROOM

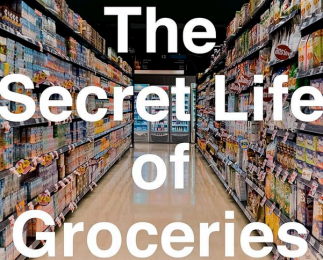


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# MORNING BOOK GROUP

"An intense, immersive, humorous, and sometimes shocking portrait of the modern American supermarket." —NPR Shots

**THE DARK MIRACLE**  
*of the AMERICAN*  
**SUPERMARKET**



# The Secret Life of Groceries

BENJAMIN LORR

## ABOUT THE BOOK

THE MIRACLE OF THE SUPERMARKET HAS NEVER BEEN MORE APPARENT. LIKE THE DOCTORS AND NURSES WHO CARE FOR THE SICK, SUDDENLY THE MEN AND WOMEN WHO STOCK OUR SHELVES AND OPERATE OUR WAREHOUSES ARE UNDERSTOOD AS "ESSENTIAL" WORKERS, PROVIDING A QUALITY OF LIFE WE ALL TOO EASILY TAKE FOR GRANTED. BUT THE SAD TRUTH IS THAT THE GROCERY INDUSTRY HAS BEEN FAILING THESE WORKERS FOR DECADES.

IN THIS PAGE-TURNING EXPOSE, AUTHOR BENJAMIN LORR PULLS BACK THE CURTAIN ON THE HIGHLY SECRETIVE GROCERY INDUSTRY. COMBINING DEEP SOURCING, IMMERSIVE REPORTING, AND SHARP, OFTEN LAUGH-OUT-LOUD PROSE, LORR LEADS A WILD INVESTIGATION, ASKING WHAT DOES IT TAKE TO RUN A SUPERMARKET? HOW DOES OUR FOOD GET ON THE SHELVES? AND WHO SUFFERS FOR OUR INCREASING DEMANDS FOR CONVENIENCE AND EFFICIENCY? IN THIS JOURNEY:

- WE LEARN THE SECRETS OF TRADER JOE'S SUCCESS FROM TRADER JOE HIMSELF
- DRIVE WITH TRUCKERS CAUGHT IN A JOB THEY CALL "SHARECROPPING ON WHEELS"
- BREAK INTO INDUSTRIAL FARMS WITH ACTIVISTS TO LEARN WHAT IT TAKES FOR A PRODUCT TO EARN CERTIFICATION LABELS LIKE "FAIR TRADE" AND "FREE RANGE"
- FOLLOW ENTREPRENEURS AS THEY FIGHT FOR SHELF SPACE, LEARNING ESSENTIAL TIPS, TRICKS, AND TRAPS FOR ANY NEW FOOD BUSINESS
- JOURNEY WITH MIGRANTS TO EXAMINE SHOCKING FORCED LABOR PRACTICES THROUGH THEIR EYES

THE PRODUCT OF FIVE YEARS OF RESEARCH AND HUNDREDS OF INTERVIEWS ACROSS EVERY LEVEL OF THE BUSINESS, THE SECRET LIFE OF GROCERIES IS ESSENTIAL READING FOR THOSE WHO WANT TO UNDERSTAND OUR FOOD SYSTEM—DELIVERING POWERFUL SOCIAL COMMENTARY ON THE INHERENTLY AMERICAN QUEST FOR MORE AND COMPASSIONATE INSIGHT INTO THE LIVES THAT PROVIDE IT.

## MEETING TIME

# JUNE 17

# 10:00-11:30 AM

MEETINGS IN THE LIBRARY'S MEZZANINE MEETING ROOM

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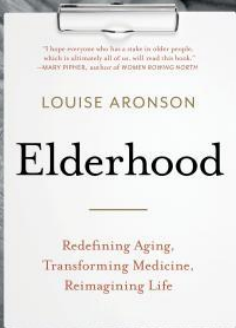
# MORNING BOOK GROUP

## ABOUT THE BOOK

FOR MORE THAN 5,000 YEARS, "OLD" HAS BEEN DEFINED AS BEGINNING BETWEEN THE AGES OF 60 AND 70. THAT MEANS MOST PEOPLE ALIVE TODAY WILL SPEND MORE YEARS IN ELDERHOOD THAN IN CHILDHOOD, AND MANY WILL BE ELDERS FOR 40 YEARS OR MORE. YET AT THE VERY MOMENT THAT HUMANS ARE LIVING LONGER THAN EVER BEFORE, WE'VE MADE OLD AGE INTO A DISEASE, A CONDITION TO BE DREADED, DENIGRATED, NEGLECTED, AND DENIED.

REMINISCENT OF OLIVER SACKS, NOTED HARVARD-TRAINED GERIATRICIAN LOUISE ARONSON USES STORIES FROM HER QUARTER CENTURY OF CARING FOR PATIENTS, AND DRAWS FROM HISTORY, SCIENCE, LITERATURE, POPULAR CULTURE, AND HER OWN LIFE TO WEAVE A VISION OF OLD AGE THAT'S NEITHER NIGHTMARE NOR UTOPIAN FANTASY—A VISION FULL OF JOY, WONDER, FRUSTRATION, OUTRAGE, AND HOPE ABOUT AGING, MEDICINE, AND HUMANITY ITSELF.

ELDERHOOD IS FOR ANYONE WHO IS, IN THE AUTHOR'S OWN WORDS, "AN AGING, I.E., STILL-BREATHING HUMAN BEING."



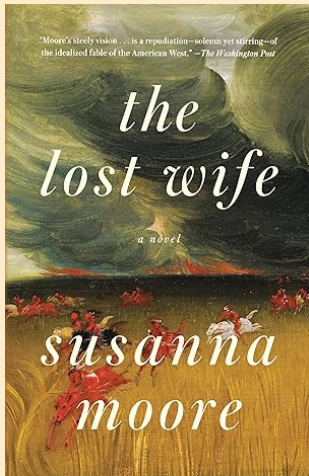
**MEETING TIME**  
**SEPTEMBER 16**  
**10:00-11:30 AM**

**MEETINGS IN THE LIBRARY'S MEZZANINE MEETING ROOM**

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## ABOUT THE BOOK

IN THE SUMMER OF 1855, SARAH BROWNE ABANDONS HER HUSBAND AND CHILD TO MAKE THE LONG AND DIFFICULT JOURNEY FROM RHODE ISLAND TO MINNESOTA TERRITORY. WHEN SHE ARRIVES AT A SMALL FRONTIER POST WITH NO PROSPECT OF WORK OR MONEY, SHE QUICKLY REMARRIES AND HAS TWO CHILDREN. HER NEW HUSBAND, DR. JOHN BRINTON, IS THE RESIDENT PHYSICIAN AT THE INDIAN AGENCY. ANTICIPATING UNEASE THERE, SARAH INSTEAD FINDS ACCEPTANCE AND KINSHIP AMONG THE SIOUX WOMEN AT A NEARBY RESERVATION.

THE SIOUX TRIBES ARE WARY OF THE WHITE SETTLERS AND RESENT THE RAMPANT THEFT OF THEIR LAND. PROMISED PAYMENTS BY THE FEDERAL GOVERNMENT ARE NEVER MADE, AND STARVATION AND DISEASE SOON BEGIN TO DECIMATE THEIR COMMUNITY. TRAGICALLY AND INEVITABLY, THIS LEADS TO THE SIOUX UPRISING OF 1862. DURING THE CONFLICT, SARAH AND HER CHILDREN ARE ABDUCTED BY TWO SIOUX WARRIORS, WHO PROTECT HER, BUT BECAUSE SHE SYMPATHIZES WITH HER CAPTORS, SARAH BECOMES AN OUTCAST TO THE WHITE SETTLERS. IN THE END, SHE IS LOST TO BOTH WORLDS.

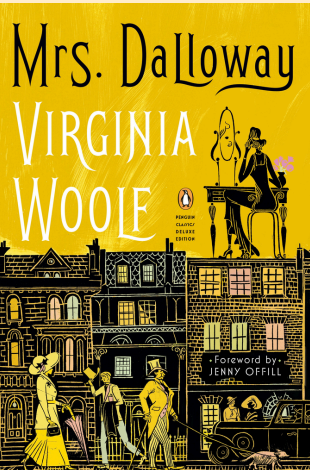
**MEETING TIME**  
**OCTOBER 21**  
**10:00-11:30 AM**

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# MORNING BOOK GROUP



## ABOUT THE BOOK

IN THE WAKE OF WORLD WAR I AND THE 1918 FLU PANDEMIC, CLARISSA DALLOWAY, ELEGANT AND VIVACIOUS, IS PREPARING FOR A PARTY AND REMEMBERING THOSE SHE ONCE LOVED. IN ANOTHER PART OF LONDON, SEPTIMUS SMITH IS SUFFERING FROM SHELL SHOCK AND IS ON THE BRINK OF MADNESS. THEIR DAYS INTERWEAVE AND THEIR LIVES CONVERGE AS THE PARTY REACHES ITS GLITTERING CLIMAX.

OVER THE COURSE OF A SINGLE DAY, FROM FIRST LIGHT TO THE DARK OF NIGHT, WOOLF ACHIEVES AN UNCANNY SIMULACRUM OF CONSCIOUSNESS, BRINGING PAST, PRESENT, AND FUTURE TOGETHER, AND RECORDING, IMPRESSION BY IMPRESSION, MINUTE BY MINUTE, THE FEEL OF LIFE ITSELF.

**MEETING TIME**

**NOVEMBER 18**

**10:00-11:30 AM**

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"Powerful and affecting and very timely."—Hilary Mantel



## SMALL THINGS LIKE THESE

CLAIRE KEEGAN

From the author of WALK THE BLUE FIELDS

## ABOUT THE BOOK

IT IS 1985, IN AN IRISH TOWN. DURING THE WEEKS LEADING UP TO CHRISTMAS, BILL FURLONG, A COAL AND TIMBER MERCHANT, FACES HIS BUSIEST SEASON. AS HE DOES THE ROUNDS, HE FEELS THE PAST RISING UP TO MEET HIM - AND ENCOUNTERS THE COMPLICIT SILENCES OF A SMALL COMMUNITY CONTROLLED BY THE CHURCH.

CLAIRE KEEGAN'S TENDER TALE OF HOPE AND QUIET HEROISM IS BOTH A CELEBRATION OF COMPASSION AND A STERN REBUKE OF THE SINS COMMITTED IN THE NAME OF RELIGION.

## MEETING TIME

# DECEMBER 16

# 10:00-11:30 AM

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