

Drumming for Parkinson's and Elder Care with Randy Armstrong

SATURDAY, FEBRUARY 21 AT 10 AM

Drumming has a long tradition in healing rituals around the world and has been used as a method of therapy to improve and increase muscle memory and motor skills.



Join us for this vibrant, rhythmic experience that engages, uplifts, and brings people together. Presented by Annie's Angels and featuring guitarist, multi-Instrumentalist & world fusion music pioneer Randy Armstrong.



This program is free and open to the public.

Exeter Public Library
4 Chestnut Street
Exeter, NH 03833
603-772-3101

