

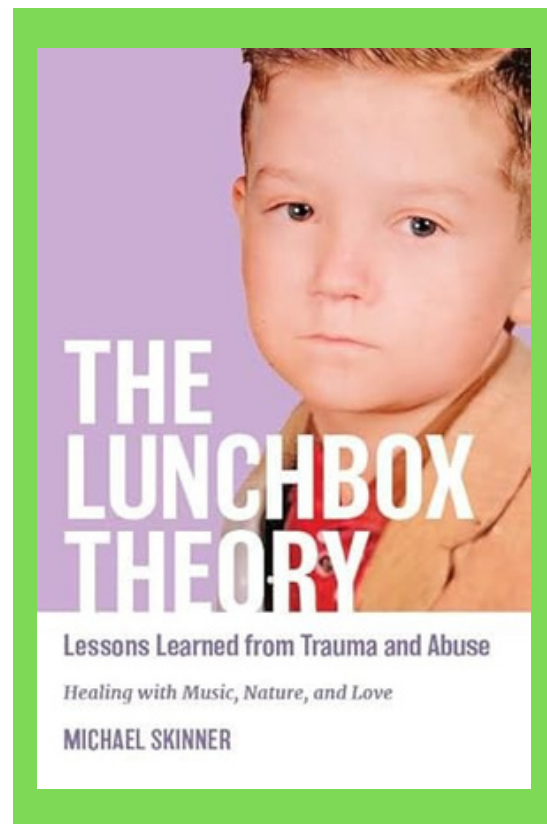
# Author Talk - Michael Skinner

**Wednesday, May 20  
at 6 PM**

Michael Skinner will share from his newly released memoir and reflect on lessons learned in healing from trauma, abuse, and mental health challenges, alongside vital statistics and personal insight.

The presentation will include a short reading, music woven throughout, and time for conversation and questions.

This event is designed to be trauma-informed, choice-centered, community-focused, and best suited for adults.



**All events are free and open to the public.**

**Exeter Public Library**

**4 Chestnut Street, Exeter, NH 03833 603-772-3101**