

# Drumming for Parkinson's and Elder Care with Randy Armstrong

**SATURDAY, APRIL 25 AT 11 AM**

Drumming has a long tradition in healing rituals around the world and has been used as a method of therapy to improve and increase muscle memory and motor skills.



Presented by Annie's Angels and featuring guitarist, multi-Instrumentalist & world fusion music pioneer Randy Armstrong.



**Interested in this event? Contact the library to register**

This program is free and open to the public.

Exeter Public Library

4 Chestnut Street

Exeter, NH 03833

603-772-3101

