Holiday "Sur-Thrive-all" Grief and Loss Seminar

Learn ways to survive and thrive during loss.



Thursday, November 6th at 2 pm

Presented by Penny Remick, Grief Specialist, LCMHC

Location: Exeter Public Library, Exeter, NH

Meeting Room, Mezzanine Level

To learn more, call 857-373-9457.



Free and open to the public.

Beth Israel Lahey Health

Exeter Public Library

